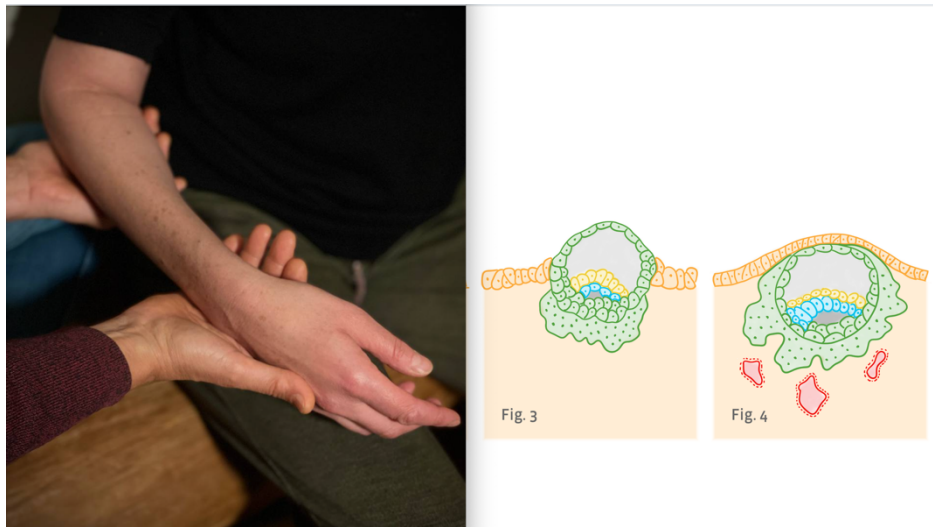


Walburga Glatz

Embodied Embryology for Relationship and the Facilitation of Change

April 26 – 27, 2025 in Bratislava, Slovakia

hosted by Babyfit



How to apply embryological embodiment to communication, education and hands-on facilitation

Exploring and embodying embryological themes with Body-Mind Centering® can be applied to various aspects of our personal and professional growth.

I would like to guide us into experiencing a few examples to then reflect on their application to different aspects of facilitation. How could early embryological experiences inform our skills in communication, movement, hands-on and any kind of relationship? How could embryology inform the dynamic relation between the facilitator and client? How could these early on experiences nurture our learning and decision making in our adult lives?

Everyone is welcome. No previous knowledge of embryology or facilitation skills required. Yet there will be profound information for those who want to amplify their relational skills – in personal life and in professional fields of somatics, care taking, psychology and others.

The workshop is held in English with Slovak translation.

The schedule of the workshop:

Saturday, April 26, 2025: 10.00 – 16.30 (1,5 hour lunch break)

Sunday, April 27, 2025: 10.00 – 14.30

Fee: 140 Euros

Registration and further information: angelika@babyfit.sk or +421 905 521 925 (Angelika) and +421 905 713 314 (Anka).

From an organizational perspective, it will help us a lot if you let us know about your interest in participating - no later than April 15, 2025.

Walburga Glatz is a Certified Teacher of Body-Mind Centering® (BMC®), a registered (by ISMETA) Somatic Movement Therapist and Educator™ and an Infant Developmental Movement Educator™ (IDME™). She has further trainings in Cranio-Sacral-Therapy and Lymphatic Drainage, in different techniques of New Dance, Action Theatre, Butoh, T'ai Chi, and Tango Argentino.

Her first career before becoming fully dedicated to BMC® was in law and she is holding a PhD in Law.

She lives in Berlin (Germany), teaches internationally, mainly in BMC® Certification Programs around the world, and is the educational director of three licensed BMC® and IDME Programs - two in Europe (Slovakia and Spain) and one in South America (Argentina). In her work both with adults and children, the concrete freedom of non-judgmental exploration and the philosophy and poetry of the body have become her focus.

For more information on Walburga see www.WalburgaGlatz.com.

For more information on BMC® see www.bodymindcentering.com or www.bmcassociation.org.